

 **Mains**

 British Roast Beef

 Creamy gnocchi pesto

 Roast New Potatoes

 Carrot

 Red Cabbage

 Gravy

**Bread**

Cut Fruit

Yoghurt

**Mains**

Beef Bolognaise

Vegetable Bolognaise

Plain Spaghetti

Broccoli

Green Beans

**Bread**

Apple Crumble

Cheese

 **Mains**

Breaded Chicken Bites

Creamy Mushroom

Seasoned cube Potato

Sautee Mushrooms

Cauliflower

 Bread

 Melon Duo

 Yoghurt

 **Mains**

Fish Fingers

Cheese & onion Slice

French Fries

Baked Beans

Garden Peas

Roasted Mix Vegetable

**Bread**

Ice Cream

 Cut Fruit

**FRIDAY**

**MONDAY**

**TUESDAY**

**THURSDAY**

**Salad Items:** Tomatoes, Plain cucumber, Plain beetroot, Herb leaf salad

sweetcorn, vinaigrette, fresh croutons, sunflower seeds & olive oil with lemon juice and black pepper

**Dessert Option 2:** Fresh Fruit or Fruit Salad will be served every day

 **Mains**

GF Battered Pollock Fish Fillet

Cheese Onion Pasty

**Sides**

Chips

Baked Beans

Garden Peas

Tartare Sauce

Salad Bar Protein

Salad Bar

**Pudding**

Treacle Tart

with cream

Homemade Fresh Fruit

**FRIDAY**

**Salad Items:** Tomatoes, Plain cucumber, Plain beetroot, Herb leaf salad

sweetcorn, vinaigrette, fresh croutons, sunflower seeds & olive oil with lemon juice and black pepper

**Dessert Option 2:** Fresh Fruit or Fruit Salad will be served every day

Autumn Term Menu

Week 1