



## MENU OF THE WEEK

26.01.2026 – 30.01.2026



**aefe**  
Agence pour  
l'enseignement français  
à l'étranger

Monday 26.01

### Vegetarian day

#### Starters

Salads\*

#### Mains

Penne pasta served with  
Creamy Tomato sauce  
Seasoned green beans and  
garlic

#### Gluten Free pasta

#### Desserts\*\*

Organic Yoghurt  
Cut Apple

Tuesday 27.01

#### Starters

Salads\*

#### Mains

Chicken curry  
Vegetarian curry  
Long grain rice, Seasoned  
carrot & leek,

#### Desserts\*\*

Chocolate Cake served with  
custard, Watermelon

Thursday 29.01

#### Starters

Salads\*

#### Mains

Lemon & Herbs Roast Turkey  
Three cheese cauliflower  
baked  
Couscous, Seasoned Broccoli

#### Desserts\*\*

Cut Orange, Cut Apple

Friday 30.01

#### Starters

Salads\*

#### Mains

Battered Pollock  
Jumbo Battered Sausage  
Baked Beans, Chips, Peas

#### Desserts\*\*

Mango or Vanilla Ice cream



\***Salad Items:** selection of freshly made tomato, cucumber, beetroot, salad leaves & chef special  
Tuna, Guacamole, Grated cheese, Butter, Selection of dressings and toppings

\*\***Dessert Options:** Fresh Fruit or Fruit Salad will be served every day

