



MENU OF THE WEEK

12.01.2026 – 16.01.2026



aefe
Agence pour
l'enseignement français
à l'étranger

Monday 12.01

Vegetarian day

Starters

Salads*

Mains

Winter vegetable hotpot
served with noodle
Egg free noodle
Seasoned green beans

Desserts**

Organic yoghurt
Watermelon

Tuesday 13.01

Starters

Salads*

Mains

Beef Bolognese
Vegetarian Bolognese
Spaghetti, Fried kale,
seasoned peas

Desserts**

Carrot Cake served with
custard,
Gluten Free cake

Thursday 15.01

Starters

Salads*

Mains

Marinated roast Chicken
Creamy Mushroom
Basmati Rice, Gravy

Desserts**

Homemade Fresh Fruit
Salad, Yoghurt or Cheese
Portion

Friday 16.01

Starters

Salads*

Mains

Battered Fish Fillet
Vegetarian Cornish roll
Peas, Baked Beans, French
Fries, Ketchup

Desserts**

Fresh fruit cut



***Salad Items:** selection of freshly made tomato, cucumber, beetroot, salad leaves & chef special
Tuna, Guacamole, Grated cheese, Butter, Selection of dressings and toppings

****Dessert Options:** Fresh Fruit or Fruit Salad will be served every day

