



MENU OF THE WEEK

19.01.2026 – 23.01.2026



aefe
Agence pour
l'enseignement français
à l'étranger

Monday 19.01

Vegetarian day

Starters

Salads*

Mains

Lentil curry

Long grain rice, fried
mushroom

Gluten free option available

Desserts**

Fresh Water Melon, cut
apple

Tuesday 20.01

Starters

Salads*

Mains

Creamy beef lasagne

Vegetable lasagna

Garlic bread, Mi sweetcorn
& peas

Desserts**

Apple crumble served with
Custard, apple cut

Thursday 22.01

Starters

Salads*

Mains

Chinese chicken breast
sweet chilli

Quorn pieces stack with
vegetable

Roast Potato, Seasoned
broccoli

Desserts**

Fresh Cut Fruits, organic

Friday 23.01

Starters

Salads*

Mains

Pizza and Tomato Sauce

Green pasta with pesto

Peas, Baked Beans, French
fries

Desserts**

Strawberry fruit jelly



***Salad Items:** selection of freshly made tomato, cucumber, beetroot, salad leaves & chef special

Tuna, Guacamole, Grated cheese, Butter, Selection of dressings and toppings

****Dessert Options:** Fresh Fruit or Fruit Salad will be served every day

