



MENU OF THE WEEK

15.12.2025 – 19.12.2025



aefe
Agence pour
l'enseignement français
à l'étranger

Monday 15.12

Starters

Salads*

Mains

Penne Pasta
Rustic Tomato
Green Pesto Gnocchi
Sweetcorn, Carrot
Bread

Desserts**

Organic Yoghurt
Apple, Melon

Tuesday 16.12

Starters

Salads*

Mains

Beef Tikka Masala
Basmati Rice
Vegetarian Tikka Masala
Broccoli, Roast Tomato
Bread

Desserts**

Apple crumble with
traditional custard
Orange

Thursday 18.12

Starters

Salads*

Mains

Chinese Sticky Lemon Chicken
Creamy Spinach
Broccoli, Carrot
Bread

Desserts**

Pineapple
Cheese Portion

Friday 19.12

Starters

Salads*

Mains

Fish Fingers
Quorn Dippers
Peas, Bakes Beans
Tomato Pasta
Chips
Bread

Desserts**

Strawberry Jelly



***Salad Items:** Tomatoes, Plain cucumber, Plain beetroot, Herb leaf salad
sweetcorn, vinaigrette, fresh croutons, sunflower seeds & olive oil with lemon juice and black pepper

****Dessert Options:** Fresh Fruit or Fruit Salad will be served every day

